

# 2010 CENTRAL ZONE CHAMPIONSHIPS

MARCH 6, 2010

Sterling, IL

Hosted By Iowa Region

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## Central Zone Regions & Commissioners

- Badger Region  
Julie Voeck
- Gateway Region  
Tim Neels
- Great Lakes Region  
Sandy Abbinanti
- Great Plains Region  
Sue Mailhot
- Heart Of America Region  
Hank Van Arsdale
- Hoosier – Chuck Stemm
- Iowa–Lynne Updegraff
- Lakeshore – Mary Jo Hardy
- North Country – Judy Praska
- Pioneer – Ron Kordes
- Rocky Mountain –Glenn Sapp

**Date:** MARCH 6, 2010

**Site:** Westwood Sports & Fitness Center, Sterling IL

**Welcome**– The Iowa Region welcomes you to join in the fun of the Central Zone Championships. The Central Zone is the only USAV zone to offer an Adult Championships. We hope that you will enjoy this fun event.

### Divisions Offered

**Men's** AA, A, BB, B, 50, 60

**Women's** AA, A, BB, B, 50, 60

Divisions must have 4 teams to be held.

**Entry Fee - \$250**

**Checks payable to-Iowa Region**

**Master Card & Visa Accepted**

**Entry Deadline– Feb. 26, 2010 .**

**Faxed:** 515-727-1861

**Mailed to:** Iowa Region Volleyball  
4600 Park Ave Ste 201  
Des Moines, IA 50321-1237

**Entry Form**– found on page 3. All fields must be fully completed and turned in to your Region Office or Commissioner. After your Commissioner verifies the roster it should be sent to the Iowa Region Office.

**Refunds**– If a team drops before the deadline, a full refund will be given. If a team drops out after the deadline no refund will be given unless a replacement team is found.



**Westwood Sports & Fitness Center**  
211 E 23rd St, Sterling, IL 61081

### Tournament Coordinator-

Lynne Updegraff, Commissioner  
Phone: 515-727-1860  
Lynne@iavbreg.org

### Team Roster Rules

- Teams can consist of players all from one of the Central Zone Regions.
- Or, teams may consist of players from any of the Central Zone Regions. This will allow Central Zone Region Adult players to put together a reunion team for this event.
- Age division teams need to consist of players from the Central Zone Regions.
- Players must be out of HS and at least 18 years old.

### Prizes-

- \$500 to 1st place teams in all divisions of 4 or more.
- In divisions of 6 or more the 2nd place team will receive \$250

# TOURNAMENT INFORMATION & RULES

## Tournament Check- In

A representative for each team must check in at the tournament desk prior to playing or officiating.

## Tournament Schedules

Tournament schedules will be emailed to the team representatives as soon as they are available and posted on the Iowa Region Web site. [www.iavbreg.org](http://www.iavbreg.org)

## Tournament Rules

- The 2009–2011 USA Volleyball Domestic Competition Regulations will be used.
- Protest will be handled immediately. The Protest committee will be composed of the Head Referee and two other individuals appointed by the chair from the other officials, site directors, commissioners and/or zonal representatives.

## Team Officiating Crew Requirements

- Each team must provide a certified R2 ( second referee) for all matches.
- Each team will provide a certified scorekeeper.
- Each team will provide an assistant scorekeeper to do Libero tracking and the visual score.
- Each team will provide 2 Line judges.

## Uniforms Rules

- The 2009–2011 USA Volleyball Domestic Competition Regulations will be used. Check Rule 4.3 pages 16-18 of the Indoor Rules.
- For this competitions shorts can be similar, and the same color. The shorts will not have to be exact.
- Libero Jerseys must be contrasting, make sure to have light to dark contrast and limited amount of the teams jersey color in the Libero shirt. ( example: purple and black are NOT contrasting enough)

**Officials Chair: Craig Werner**

515-669-4308

[craigcwerner@yahoo.com](mailto:craigcwerner@yahoo.com)

## Alcohol Rules

- Alcohol will be available on site.
- No alcohol may be consumed while on the court or benches.
- No alcohol may be consumed while playing or officiating.
- Alcohol consumed in the spectator areas upstairs only.
- Violations of these rules will result in immediate disqualification of the person involved and a Team penalty of 2 points in their next set will be assessed.
- Please drink responsibly or not at all.

## TOURNAMENT HOTEL INFORMATION

**Holiday Inn -Rock Falls-Sterling**  
**2105 1<sup>st</sup> Ave.**  
**Rock Falls, IL 61071**

Hotel has a pool, fitness room, free wireless, and a Bar & Grill on site. Local shuttle service provided.

A block of rooms is reserved from Mar. 5 – Mar. 7, 2010. Rooms are non-smoking, and contain 2 double beds. Cost is **\$76.54** per night plus tax.

Room block is reserved until 6 p.m. on **Feb. 12, 2010**. After that time, you can still reserve rooms, but are not guaranteed the same rate.

**To reserve a room**, call the hotel directly at 815-626-5500, and mention **“Central Zonals.”** You may also call the toll free number for General Reservations - 1 800 HOLIDAY (800 465 4329) and provide your group name **CENTRAL ZONALS** and code **EG1** in order to get the special rate.

**Player Party TBA**



## 2010 CENTRAL ZONE CHAMPIONSHIPS SHIRT ORDER FORM

Order # \_\_\_\_\_

Name: \_\_\_\_\_  
 Team Name: \_\_\_\_\_  
 Division: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 City, State, Zip: \_\_\_\_\_  
 Email: \_\_\_\_\_  
 Cell Phone: \_\_\_\_\_



Cost	Short Sleeved	Quantity	Total Cost x Quantity	
\$12	SMALL			
\$12	MEDIUM			
\$12	LARGE			
\$12	XL			Short Sleeve Total
\$12	2XL			
\$12	3XL			
Cost	Long Sleeved	Quantity	Total Cost x Quantity	
\$15	(LS) SMALL			
\$15	(LS) MEDIUM			
\$15	(LS) LARGE			
\$15	(LS) XL			Long Sleeve Total
\$15	(LS) 2XL			
\$15	(LS) 3XL			

<b>Total Amount Due</b>		
<b>Amount Paid with Check</b>		
<b>Paid with Check #</b>		
Please Use One check per team if possible.		
<b>Name on check</b>		
<b>Amount Paid with Credit Card</b>		
<b>Credit Card</b>		<b>Master Card</b>
Check type		<b>Visa</b>
<b>Card #</b>		
<b>Expiration Date:</b>	/	
<b>Name on Card</b>		
<b>Signature</b>		

**Orders Due by Wed. February 10th**  
 A few shirts will be available at event,  
 but order to get your size.

If not at event Add \$3 per shirt to ship	Total S & H	
<b>TOTAL AMOUNT DUE</b>		

<b>Forms &amp; Money to/ Mail to:</b>	
Iowa Volleyball Region 4600 Park Ave Ste 201 Des Moines, IA 50321-1237	
<b>Fax:</b>	515-727-1861
<b>Email:</b>	lynne@iavbreg.org

Office Use Only	
Event	Central Zone Championships
Division:	_____
Site	_____
<b>STILL OWES</b>	\$ _____